



# On My Own, Inc. Consumer Directed Services



## Our Mission is:

To empower people with disabilities  
to live as full and productive members  
of society.

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Please visit [www.omoinc.org](http://www.omoinc.org)  
for more information.

*Stay at Home With On My Own*

# Consumer Directed Services

## With Consumer Directed Services you can:

- Hire your own personal attendant
- Direct your own care
- Live in your own home
- Have flexibility to coordinate your schedule of personal care

This program serves people with disabilities 18 or older that have active Missouri Medicaid.

## Your Personal Attendant can assist you with:

- Dressing/Grooming
- Bathing
- Housekeeping
- Laundry
- Shopping & Errands
- Mobility/Transfer

## Your Personal Independent Living Specialist can assist you with:

- Information and Referrals for needed resources
- Independent and Systems Advocacy
- Independent Living Skills Training



On My Own, Inc. is an equal opportunity agency and does not discriminate against individuals needing services with regard to race, gender, religion, age or disability. All participants receive equal treatment and opportunity. On My Own, Inc. is a 501 C-3 non-profit corporation.