



## Your Right to Appeal

If you feel you were denied the service or provider of your choice, or your application was not processed promptly, or you disagree with any agency decision concerning your case, you have the right to appeal this decision. If you wish to request a hearing you may do so by contacting the Department of Health and Senior Services. Contact **On My Own, Inc.** for details.

If you request a hearing within ten (10) days of the date of the notice, you have the right to continue any benefits and/or services already being received. If the agency's decision is upheld, the state has the right to recoup the cost of any services furnished as a result of your request for continuation of the benefits and/or services.

**On My Own, Inc.** or DHSS can provide further information on your rights.



## Compliance with the Civil Rights Act

No person shall, on the grounds of race, color, national origin, age, disability, religion or sex, be excluded from participation in be denied the benefits of or be subjected to discrimination.

If you feel you have been discriminated against on the above grounds you may make a complaint in writing to the Department of Social Services or the United States Department of Health and Senior Services.




### Through Missouri Medicaid/ MO HealthNet Consumer Directed Services, you can:

- Direct your own care
- Hire and train your own attendant
- Receive support and training from **On My Own, Inc.**
- Receive a comprehensive evaluation and assessment of your care needs through DHSS.

On My Own, Inc.



## Consumer Directed Services



A Non-residential  
Independent  
Living Center

We serve Bates, Cedar, Hickory,  
St. Clair and Vernon counties.


### Nevada Office

111 N. Elm  
Nevada, MO 64772  
417-667-7007 • Fax: 417-667-6262  
Toll-Free (800) 362-8852

### Collins Office

1301 DeLaPorte • P.O. Box 211  
Collins, MO 64738  
417-275-1115 • Fax: 417-275-1113  
Toll-Free (877) 275-2815

*Mission: To empower people with disabilities to live as full and productive members of society.*



# You and Independent Living

## Definition

Some persons with disabilities require assistance with the activities of daily living to live independently within their communities.

Until 1999, persons with disabilities had limited options such as dependency upon family members, placement in institutional settings or paying for these types of services out of pocket.

Missouri Medicaid/MO HealthNet CDS services are funded with federal and state moneys. This program allows the redirection of Medicaid/MO HealthNet dollars for in-home, consumer directed services, eliminating the necessity of placement in residential facilities due to lack of options.

**The Consumer Directed Services Program is a program that allows an individual to direct his or her own personal assistance services at NO cost to the consumer.**

Being on a consumer controlled personal attendance services program gives the person with a disability control over their own life. To do this, the person with a disability becomes an employer and hires their personal attendant. The attendant's job description can include: housekeeping, laundry, cooking, personal care and trans-

## Your Responsibilities

You and DHSS will develop a plan to assist you with your personal care needs. It is your responsibility to put forth your best effort by participating in the development of this plan.

Upon approval for CDS, **On My Own, Inc.** will need copies of your Missouri Medicaid/MO HealthNet card and your Social Security Card to set you up as an employer. You will need to forward any correspondence from the IRS to **On My Own, Inc.** so we can pay all taxes that are due on your behalf.

It is important that you follow the guidelines of your plan. Failure to do so can result in the denial or termination of your services.

Your attendant can be anyone who is age 18 or older and not a spouse. They must pass a background screening. The attendant can be a relative, but not a spouse.

You will be shown how to train your attendant on how to complete your authorized tasks and insure that time sheets are completed daily and accurately.

Your **On My Own, Inc.** Independent Living Specialist (ILS) is required to make at least monthly phone contact and visit you in your home every three months to insure your plan is meeting your needs and that program rules and regulations are being fol-

lowed.

Your ILS will train you on the complete list of both **On My Own, Inc.**'s responsibilities and your responsibilities.

Fraud, abuse and neglect are taken very seriously; these issues will be reported to the proper authorities.

## Program Administration

The Missouri Centers for Independent Living, in conjunction with the Missouri Department of Health and Senior Services, administer the program. The philosophy of the Center for Independent Living is consumer controlled, community based options that promote independence for persons with physical disabilities.

## Eligibility

Eligibility requirements for the CDS Program are as follows:

- Missouri Medicaid/MO HealthNet eligible
- Physically disabled
- Mentally capable of making decisions regarding both your healthcare and your employer responsibilities
- Over 18 years of age
- Score at least 21 points on a

**VISIT OUR WEBSITE AT:**  
[www.onmyowninc.com](http://www.onmyowninc.com)